

MEETING OF THE HORSHAM DISTRICT OLDER PEOPLES FORUM
on **Tuesday 6th September 2016** : 10.30am-1 pm at Slinfold Village Hall

PRESENT

| | | |
|-------------------------|-------------------------------------|------------------------------------|
| Martin Bruton [MB] | HDOPF Chairman | horshamolderpeoplesforum@gmail.com |
| Arthur Reader [AR] | HDOPF Vice Chairman | ctslplastics@gmail.com |
| Alf Goodchild [AG] | HDOPF Treasurer | alfgoodchild@btinternet.com |
| Martin Toomey [MT] | HDOPF Secretary | mcbttoomey@gmail.com |
| Paul Taylor [PT] | HDC Sports Development | paul.taylor@horsham.gov.uk |
| Sonia Mangan [SM] | AGE UK HORSHAM Chief Exec Officer | |
| Claire Webley [CW] | HORSHAM MID SUSSEX VOLUNTARY ACTION | |
| Pauline Webb [PW] | Ramparts, Church Street, RUDGWICK | |
| Philomena Leech [PL] | Rudgewick | phil-leech@hotmail.co.uk |
| Jennie Esdaile [JE] | | jwhitmanperkins@gmail.com |
| Edna Henley [EH] | PULBOROUGH Parish Council | |
| Gordon Constantine [GC] | | gordon.constantine@hotmail.co.uk |
| Michael Jarvis [MJ] | HORSHAM VOICE | |
| Derek Reynolds [DR] | BILLINGSHURST Lions | |
| Peter Gardner [PG] | HORSHAM Resident | |
| Vera Gardner [VG] | HORSHAM Resident | |
| Joy Hearn [JH] | HDC Dementia Friends coordinator | |
| Kate Rowbottom [KR] | COUNCILLOR HDC | |
| Sue Rennie [SR] | ALZHEIMERS SOCIETY | sue.rennie@alzheimers.org.uk |
| Lisa Boydell [LB] | HDC Community Development | lisa.boydell@horsham.gov.uk |
| Marlene Riecker [MR] | ASCOT CARE Care and Home Support | admin@ascotcare.com |
| Sandra Fulbrook [SF] | WEST CHILTINGTON PC | sfulbrook.wcpc@gmail.com |
| Frances Haigh [FH] | HORSHAM BLUEPRINT | |

APOLOGIES FOR ABSENCE

Paul Leaney BILLINGSHURST PC
Judith Packer WSCC
Lilian Bold

1. HDOPF ANNUAL GENERAL MEETING

1(1) NOTES OF AGM 9TH SEPTEMBER 2015

The notes of the **AGM 2015**, as published on the HDOPF Website, were agreed as a fair record.

1(2) CHAIRMAN'S REPORT

The last year 2015 – 2016 has been a busy one for the Older Peoples Forum. We have an excellent, active and enthusiastic **Committee** who I would like to sincerely thank – Paul Smith who has since stood down as Vice Chairman; Arthur Reader who took over as Vice Chairman, Martin Toomey, Secretary & Alf Goodchild our Treasurer. Also thank **Lisa Boydell** HDC Community Development & Engagement Manager for her ongoing support for the Forum, attending the Committee meetings and help throughout the year and **Judith Packer** WSCC Voluntary Sector Relationship Officer for her advice and support again this year.

The Forum now has a Treasurer and bank account and is responsible for its own finances assisted by a grant of £500 from HDC. We have updated and printed new information leaflets on the Forum.

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Public meetings have been held

Sept 2015 (& the last AGM) in Rudgewick

December 2015 at Partridge Green

March 2016 at the HDC offices in Horsham, held a very successful and well attended public meeting with Jeremy Quin MP

June 2016 in Pulborough

Today at Slinfold and

Thursday 8th December 2016 meeting will be at Lower Beeding Village Hall

We have had interesting and informative Guest Speakers

Sept 15 Janice Leeming CEO Age UK Horsham on their 3 year Plan together with Graham Sitton, representative of the Sussex Police & Crime Commissioner.

December 15 Vicki East HDC Wellbeing Information Officer talking on the services on offer including health MOT's, Wellbeing courses, Publications, Warmer Homes, Health Walks and Community Transport etc. Also Judith Packer from WSCC on the care and support services available across West Sussex.

March 16 meeting was given over to Jeremy Quin MP

June 16 Tracie Thomas, Ruth Corden and Andrew Porsch from WSCC Adult Services presented on the new Care Act, CAREWISE care provision and costs and on the 'Connect to Support' WSCC website support information database.

The Forum committee have attended meetings of:

Broadbridge Heath Leisure Centre Users Group – Lilian Bold attended obo THANKS H&MSVA (Horsham & mid Sussex Voluntary Services Association) & given a talk about the Forum to a networking event

Attended a Horsham Rural Towns Community Partnership meeting

Supplied information leaflets for the H&MSVA Fair at Horsham library

Met with Sharon Cadman, Horsham Dementia Action Alliance. The Forum subsequently joined the Dementia Action Alliance and had a Dementia Friends Awareness session at our June 16 meeting

Had 2 meetings of the Horsham Blueprint Ageing Population Working Group

Attended with a stand at the WSCC Health & Wellbeing networking event, being represented by Paul Smith and Alf Goodchild. THANKS

Attended a Voluntary & Community Groups workshop

Attended 2 committee meetings of the Horsham Dementia Action Alliance.

Attended and had a stand at the 'Sparks in the Park' event in Horsham Park in July.

Manned by Alf Goodchild & Arthur Reader. THANKS

Had an interesting and instructive meeting with Sonia Mangan the new CEO of Age UK Horsham and who is present this morning to talk to the meeting.

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Had 6 committee meetings. THANKS again to Lisa Boydell, Paul Smith, Arthur Reader, Martin Toomey & Alf Goodchild.

We have had articles on the Forum published in the Age UK magazine and West Sussex County Times, including covering our public meeting with Jeremy Quinn and the latest being 1st September relating to this meeting

We have also been active on social media through Facebook and Twitter as well as maintaining and updating the Older Peoples Forum website.

Looking forward:

We are due to have a meeting in November with Dan Barritt, HDC Health & Wellbeing manager re taking up the role of updating and maintaining the HDC Older Peoples Directory of Services.

We are also due to attend the resurrected Horsham District Community Safety Forum, Vulnerable Older Persons meeting on the 22nd September which is being organised by Sussex Police

The main issue for the Forum is getting greater involvement by local older people, especially in attending the meetings. Any suggestions and support in doing that is welcome.

We would also warmly invite & welcome volunteers to join our Forum committee.

1(2) TREASURER'S REPORT

Bank Statement : Natwest Bank : HORSHAM CARFAX BRANCH :

| | |
|--|---------|
| Opening Balance : From HDC General Account | £500 |
| Current Balance : | £483.44 |
| Expenditure 'Sparks in the Park' fee | £16.66 |

Future liabilities Hall hire
Expenses

Future Funding : may have to be found elsewhere other than from HDC grant

1(3) OFFICERS AND COMMITTEE

It was proposed and accepted from the floor that the Committee be re-elected en bloc.

| | |
|---------------|---------------|
| Chairman | Martin Bruton |
| Vice Chairman | Arthur Reader |
| Treasurer | Alf Goodchild |
| Secretary | Martin Toomey |

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2. SONIA MANGAN : CEO HORSHAM AGE UK

2(1) Presentation to the meeting.

Background

Voluntary Sector in the Lake District with Charities for the Blind and the Aged.
Moved to the South East (Hove) in March.

Current status

Chief Executive Officer Age UK Horsham since June 2016.

Developing Knowledge of the District from a very small start.

The District is blessed with 300 Voluntary Organisations of which Age UK Horsham is one.

Age UK Nationally (Help the Aged – Age Concern) is a force for nationwide campaigns and influence.

Age UK Horsham a franchise of the brand: financially independent : a force for delivery on the ground.

- has 7000 persons in degrees of care locally of an aged population (between 50 -100+) of 20,500 which will be growing.

What are the main issues and what is needed to be done?

(Publication: The Future of an Ageing Population: Government Office for Science: Foresight Project)

Funding : fewer working age people to pay taxes.

Age UK Horsham: 100 Volunteers. Need to raise £720,000 per year from Donations; Fundraising and Grants: HDC; WSCC;

Where with our partners can we work best? (aged in rural areas in particular)

- **needing care at the moment** : ageing bulge of 85+ : living with long term conditions and cognitive disabilities.
- **ensuring sufficient income:** 500 assisted to recover £1 million unclaimed benefit. Money spent in Horsham District
- **feeling well:** challenges at 'full of life' events. Tasters.
- **contacting the lonely:** 50 per day. Loneliness has a serious impact on general health.
- **monitoring healthcare:** ensuring equal treatment for the aged and arranging contact and transport for hospital admissions out of the district.
- **safe at home:** well and warm in winter.
- **community activity:** getting on-line, local clubs

2(2) Questions and Discussion

- **Charging for services:** working on policies and communication of policy.
- **Person centred:** ambition to be the first port of call – tackling loneliness a concern.
- **Age UK Flexibility:** desirable characteristic in the world of Massive Systems of Health and Care Partnerships which often need working around – frigates around unstoppable tankers.
- **Gathering feedback:** dealing with large or small difficulties for older people make it right for everybody e.g. Navigating Horsham Carfax; Conversations with Blueprint for future development.
Shopping difficulties with sight and digital displays.
- **Getting around:** mobility services.
- **healthcare:** help with access.
- **housing at the right time:** liaison with Saxon Weald Housing Associations.
- **Income at the right time:** ensuring easy access when needed.
- **[PL]. Access to Medical Centre:** Neighbourhood Plan Billingshurst: Health and Wellbeing Group: would welcome consultation with Age UK Horsham.
- **[KR] Care Provider Forum:** HDC and WSCC
- **[PW] Care services in Rural Areas:** current funding arrangements are a disincentive for visiting carers
[SF] to travel to outlying areas, to provide adequate time for tasks on a visit; and to give time for health giving social contact. Funding for necessary home improvement is a postcode lottery.

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•[AG] **Care plans for the system or for the patient ?**

Discussion [MB] 'I have recently heard of 'Care Plans' that seem to fit the system and not the patient. One instance was a wife who was told she couldn't go home from hospital because it was a Friday and the physio she needed at home as part of the Plan wasn't available on a Saturday. She had to stay in hospital, blocking a bed until the Monday, which neither she or her carer husband wanted. She went home on the Monday and the physiotherapist then didn't turn up on the Tuesday. Another issue appears to be the times that help is available, how long, what for and the cost. (For example carers coming at midday to get someone out of bed who has got up early all their lives and to give them breakfast!) If you have to turn to the private sector for assistance, perhaps just to pop out to do the shopping and you need someone to keep an eye on your partner or parent it doesn't seem right or perhaps unaffordable to be charged £21 an hour for a carer from a private company (who is only paid £8.50 an hour). Is the system working well and fit for purpose? Who or where should you turn to for help and advice? I'd like to hear the ongoing experiences from those affected and also from those groups or organisations who can help with this important and stressful issue' [Newspaper article]

•[MR] **Administrative burden on Caring:** 5 hours of Paperwork regularly for each person cared for and an audit to follow imposes too much of a burden and expense on Carers and Care Homes.

2(3) Leaflets / Booklets

Age UK Horsham: OUR SERVICES: LOVE LATER LIFE

from Dementia Clubs, activity clubs, practical assistance, support & fundraising throughout the District.

Full of Life Event: 3rd October 2016, 10am- 4pm Lavinia House, Dukes Square, RH12 1GS.

Powers of Attorney: Making decisions about Health, Welfare or Finances

Ascot Care: Live-in Care and Home Support Specialists.

3. PAUL TAYLOR : HDC COMMUNITY RECREATION OFFICER

Sports Development Team

Opportunities for older people across the whole community.

3(1) 50+ Clubs 'Young at Heart' multi-sport activities

Southwater, Steyning, Horsham Holbrook Club, Horsham Library, Broadbridge Heath, Henfield.

Chanctonbury centre Storrington, Christs Hospital. Horsham Pavilions in the Park

3(2) Walking Activities Walks and Walking sports

Broadbridge Heath, Chanctonbury leisure centre, Holbrook Club.

Walking Netball and Walking Basketball at Holbrook Club.

Walking Football Holbrook, Broadbridge Heath, Crawley

3(3) Sport in Residential Homes

Horsham Leisure Link can hire out and set up indoor mild sports for entertainment in residential homes.

Ambitions to establish a league competition between homes.

3(4) Leaflets

Autumn Programme: Holbrook Club, North Heath Lane Horsham,

Walking Netball

Walking Basketball

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4. **FRANCES HAIGH CHAIR OF HORSHAM BLUEPRINT**

planning for Horsham's next 15 years to be an Age Friendly Town

4(1) **Survey of older persons issues : Closing Date 30th September.**

- **Access the survey** on line 'horshamblueprint.org/survey
- or by telephone ask for paper copy 07716 976088
 - **Immediate issues**
 - Car Driving;
Seating;
Pavement obstructions.
Bus to Waitrose **[PL]**

5. **JOY HEARN HDC COORDINATOR FOR DEMENTIA**

A forum such as this is a useful place to promote a **Dementia Friendly District** which is the work of the **Dementia Action Alliance. The Alliance is holding a Conference in November**

5(1) **[KR] Horsham and District Access Forum**

Set up by Horsham District Council and the Horsham Area Council for Voluntary Service is open to all particularly with disability issues. The new sports centre features such as carpets, steps, handrails are issues, as are pavement obstructions in the town such as A boards. **[SM]** sees such forums as places for organisations to work together in suggesting regulation and specification rather than bans.

5(2) **Mismatch of Care with Persons' Needs.** Mismatching problems are common **[KR]**

Issues as suggested by **[AG]** in item 2(2) discussion of Care Plans. Details within care packages can be unknown to casual carers and cleaners who may be involved and should be briefed. Plans can be made without reference to family knowledge. Particular difficulty with dementia. A general principle should apply "Address the person with the condition before the system" **[PW]** **[KR]**. Casual carers and cleaners can be involved in Dementia Friendly scheme of training and the wearing of a badge.

5(3) **Serious difficulties casually encountered**

- Wheelchair transport 'Miss Daisy' one way to Guildford Hospital £25.
- Public transport to Redhill Hospital difficult and time consuming. Car parking £20 per day.
- **Blue Badges** for disabled parking are more often needed immediately or sooner than the 8 weeks administrative delay in issuing them. Can there be a temporary badge?

5(4) **Horizon Ward [Rehabilitation]**

The place to advise on **Care package adequacy. [SR]**

with **Dementia Advisor** and **Occupational Therapist** on the staff.

5(5) **Action Promoting Dementia Friendliness**

- Bring conclusions on Care Plan mismatching and other problems before the Clinical Commissioning Group. Contact Dr Simon Dean **[MB]** **[LB]**
- take word of mouth contact to parish councils and local organisations through Age UK's Village Agents **[SF]**
- HDOPF promote groups inter awareness
- promote coordinating conferences.

6. **INCIDENTAL BUSINESS**

6(1) Attendance Allowance: **[SM]** Raised Age UK campaign against government plans to pass responsibility for Attendance Allowance to local councils and asking people to sign their open letter.

7. NEXT MEETING: **10:30am THURSDAY 8TH DECEMBER 2016**
 at LOWER BEEDING VILLAGE HALL
 Leechpond Hill, Lower Beeding, RH13 6NR
